

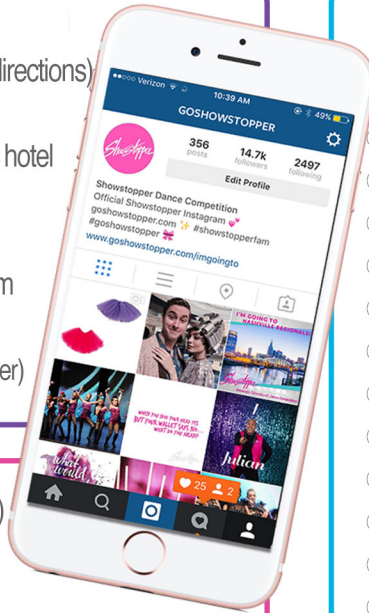
Showstopper

Glitter Guide

to never forgetting anything, like, ever again.

Essentials

- Cellphone and charger
- Hotel info (phone number, confirmation, directions)
- Cash on hand (for parking, snacks, etc.)
- A list of restaurants/places to eat near the hotel
- Directions to the nearest store
- A list of parents' phone numbers
- Highlighters/pens/post-its to mark program
- Copies of any important documents
- Your personal schedule (on MyShowstopper)



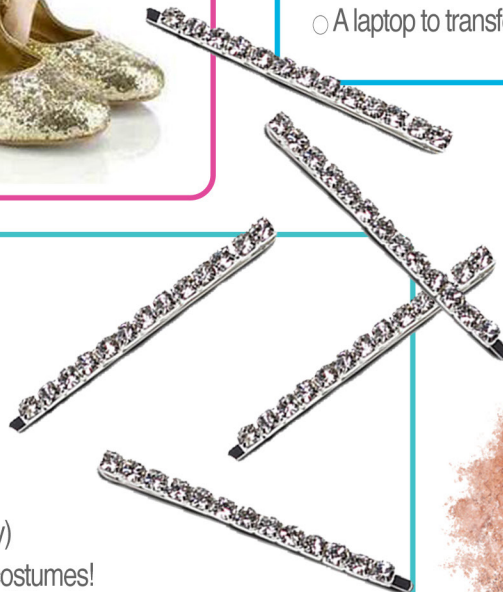
Miscellaneous

- Extra copies of music on CD
- Pillow and blanket
- Cover up and/or studio warm-ups
- Slippers and flip flops
- Extra dance clothes for awards/warming up
- Books, magazines, homework
- iPod (and charger) with headphones
- Crayons and/or colored pencils and paper
- Cards/portable games
- Mirrors (hand-held/table-top)
- Plastic bags for garbage
- Hand fan
- Pop-up laundry bag
- Steamer/iron
- Portable speakers
- Power strip or extension cords
- Snacks and drinks for the car ride
- Straws (so you don't smear that beautiful lipstick!)
- Stuffed animal(s)
- Clothing rack/dream duffel/etc.
- Cameras, chargers, and SD card
- A laptop to transfer photos to post (if you want!)



Costumes

- Major pieces of costume (top and bottom)
- Dance shoes
- Extra tap laces/screws
- Any accessories (head pieces, arm pieces, etc.)
- Jewelry (for each costume)
- Extra earring backs
- Spare pair of tights (in every color worn)
- Undergarments for each costume
- Mini sewing kit (with thread to match)
- Safety pins
- Lint brush
- Static Guard/dryer sheets
- Super glue/hot glue
- Double-sided tape
- Tide-to-go stick
- Any individual props



Hair

- Hair ties
- Bobby pins/hair pins/spin pins
- Spray bottle (and fill at competition)
- Hair gel/hair spray
- Hair nets/hair buns (if necessary)
- Brush/comb
- Hair dryer/straightener/curling iron (if necessary)
- Any hair pieces/hair glitter that goes with your costumes!



Makeup

- Moisturizer
- Primer
- Foundation
- Bronzer and/or blush
- Concealer
- Highlighter
- Loose powder
- Eye shadows
- Eyeliner (liquid and/or pencil)
- Water-resistant mascara
- False eyelashes (bring 2 pairs!)
- Eyelash glue
- Eyebrow gel/filler
- Chapstick
- Lip liner/lip stick
- Makeup brushes/sponges
- Tweezers
- Q-tips and/or cotton balls
- Tissues
- Pencil sharpener
- Makeup remover/wipes
- Nail polish remover
- Clear nail polish
- Lip liner/lip stick
- Toothpicks (for applying eyelash glue)
- Eyelash curler (bonus points for rhinestones!)



Toiletries

- Toothbrush/toothpaste/mouthwash
- Glasses/contacts & solution
- Nail clippers/nail file
- Scissors
- Hand sanitizer/lotion
- Child/adult pain reliever
- Any medication you/your dancers take
- Antacids
- Wet Wipes
- Ace bandage
- Instant ice packs/heating pad
- Muscle relieving rub/patches
- Neosporin
- Band-aids (clear or skin color)
- Brace (if needed)
- Gal products: Midol, tampons, pads
- Dayquil/cough drops/cough syrup



Food

- Cooler
- Bottled water
- Juice boxes
- Gatorade/sports drinks
- Protein drinks
- Fruit
- Veggies
- Nuts/raisins
- Granola/power bars
- Crackers
- Peanut butter cups
- Mints
- Trail mix
- Candy

Social

Don't miss a moment of the show stoppin' action!
Follow along all weekend long on our social media!



@goshowstopper

